

Supplementary Materials

Establishment and validation of a machine learning model to stratify malnutrition risk in hospitalized older patients with chronic heart failure

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Supplementary Table 1. Brief introduction of the machine learning algorithms

| Algorithms | Description | Strengths | Weakness |
|------------|---|---|---|
| LR | A linear model used for binary classification that estimates the probability of a categorical dependent variable. | Simple, interpretable, effective for linearly separable data | Not suitable for complex relationships |
| NNet | Neural networks are computational models inspired by human brain structure, used for tasks like classification, regression, and more. They consist of layers of interconnected nodes (neurons) that process input data. | Can model complex patterns, supports large datasets, highly versatile for different tasks | Requires large amounts of data, computationally expensive, can be hard to interpret |
| SVM | A classification method that finds the hyperplane best separating different classes in a high-dimensional space. | Effective in high-dimensional spaces, robust to overfitting | Requires careful parameter tuning, poor with large datasets |
| NB | A probabilistic classifier based on Bayes' theorem, assuming independence among predictors. | Fast, works well with small datasets and text classification | Assumes independence, less accurate with large datasets |
| RF | An ensemble method using multiple decision trees to improve accuracy and control overfitting through majority voting or averaging. | High accuracy, robust to overfitting, handles missing values | Slower to train, less interpretable |
| XGB | An advanced implementation of gradient boosting designed for speed and performance, often used in structured/tabular data competitions. | High predictive power, flexibility, efficient computation | Complex, requires careful tuning |
| LGBM | A gradient boosting framework that grows tree leaf-wise and uses histogram-based optimization for faster computation. | Fast training speed, high efficiency with large datasets | Can be sensitive to overfitting |
| CAT | A gradient boosting algorithm that handles categorical features directly and reduces overfitting by applying ordered boosting. | Excels with categorical features, less prone to overfitting | Complexity, requires parameter tuning |

LR, Logistic Regression; SVM, Support Vector Machine; NNet, Neural Network; NB, Naïve Bayes; RF, Random Forest; XGB; Extreme Gradient Boosting; LGBM, Light Gradient Boosting Machine; CAT, CATBoost

Supplementary Table 2. Hyperparameter tuning process for the machine learning model

| Algorithms | Hyperparameter tuning | R package |
|------------|---|--------------|
| LR | Alpha: Regularization type weight (L1/L2 mix ratio): 0.1, 0.5, 1.0 (search range) Lambda: Regularization strength: 0.01, 0.05, 0.1, 0.2 (search range); Thresh: Convergence threshold: 1e-5 (fixed value); Maxit: Maximum number of iterations: 1000 (fixed value). | glm |
| RF | Mtry: Number of features randomly selected per tree: 2, 3 (search range); Ntree: Number of decision trees: 200, 300 (search range); Nodesize: Minimum samples in leaf node: 45, 55 (search range); Maxnodes: Maximum number of nodes per tree: 22, 26 (search range); Sampszie: Sample size per tree: 380 (fixed value); Replace: Whether to sample with replacement: TRUE (fixed value); Strata: Whether to stratify sampling (balance class distribution): TRUE (fixed value); Importance: Whether to compute feature importance: TRUE (fixed value); Proximity: Whether to compute sample proximity: TRUE (fixed value). | randomForest |
| XGB | Max_depth: Maximum depth of trees: 1, 2 (search range); Eta: Learning rate: 0.01 (fixed value); Subsample: Sample proportion for training each tree: 0.4, 0.5 (search range); Colsample_bytree: Feature sample proportion for training each tree: 0.4, 0.5 (search range); Reg_alpha: L1 regularization strength: 0.3 (fixed value); Reg_lambda: L2 regularization strength: 3.0, 3.5 (search range); Gamma: Minimum loss reduction required for node splitting: 0.3, 0.5 (search range); Nrounds: Number of iterations (number of trees): 300 (fixed value); Objective: Type of loss function: “binary:logistic” (fixed value); Stratified: Whether cross-validation is stratified: TRUE (fixed value); Early_stopping_rounds: Early stopping rounds (prevent overfitting): 30 (fixed value); Weight: Sample weights (balance classes): positive = 1.1, negative = 1 (fixed value). | xgboost |
| NNet | Size: Number of neurons in hidden layer: 3, 5 (search range); Decay: Weight decay (regularization strength): 0.1, 0.2, 0.3 (search range); Maxit: Maximum number of iterations: 500 (fixed value); Rang: Weight initialization range: 0.05 (fixed value); MaxNWts: Maximum number of weights (prevent model complexity): 10000 (fixed value); Skip: Whether to skip direct connection from input to output layer: FALSE (fixed value); Softmax: Whether to use softmax activation (disabled for binary classification): FALSE (fixed value); Trace: Whether to output training log: FALSE (fixed value). | nnet |

LR, Logistic Regression; SVM, Support Vector Machine; NNet, Neural Network; NB, Naïve Bayes; RF, Random Forest; XGB; Extreme Gradient Boosting; LGBM, Light Gradient Boosting Machine; CAT, CATBoost

Supplementary Table 2. Hyperparameter tuning process for the machine learning model (cont.)

| Algorithms | Hyperparameter tuning | R package |
|------------|---|------------|
| LGBM | Num_leaves: Number of leaf nodes: 10, 14 (search range); Learning_rate: Learning rate: 0.008, 0.012 (search range); Reg_lambda: L2 regularization strength: 3.0, 4.0 (search range); Subsample: Sample proportion for training each tree: 0.6 (fixed value); Colsample_bytree: Feature sample proportion for training each tree: 0.6 (fixed value); Objective: Type of loss function: “binary” (fixed value); Metric: Evaluation metric: “auc” (fixed value); Min_data_in_leaf: Minimum data in leaf node: 30 (fixed value); Min_sum_hessian_in_leaf: Minimum sum hessian in leaf (control leaf purity): 25 (fixed value); Reg_alpha: L1 regularization strength: 0.2 (fixed value); Verbose: Log output level: -1 (fixed value, no output); Early_stopping_rounds: Early stopping rounds: 50 (fixed value). | LightGBM |
| SVM | C: Penalty coefficient (regularization strength): 0.1, 1, 10 (search range); Sigma: Kernel bandwidth (radial basis kernel): 0.01, 0.1, 1 (search range); Method: Kernel type: “svmRadial” (fixed value, radial basis kernel); PreProcess: Data preprocessing method: c(“center”, “scale”) (fixed value); Probability: Whether to output prediction probability: TRUE (fixed value); Metric: Evaluation metric: “ROC” (fixed value). | e1071 |
| NB | Laplace: Laplace smoothing coefficient: 0, 1, 2 (search range); Usekernel: Whether to use kernel density estimation (alternative to parameter estimation): FALSE, TRUE (search range); Adjust: Adjustment parameter for kernel density estimation: 1.2, 1.5, 2 (search range); PreProcess: Data preprocessing method: c(“center”, “scale”) (fixed value); Metric: Evaluation metric: “ROC” (fixed value). | naiveBayes |
| CAT | Depth: Maximum depth of trees: 1, 3 (search range); Iterations: Number of iterations (number of trees): 200, 300 (search range); Learning_rate: Learning rate: 0.02, 0.05 (search range); Loss_function: Type of loss function: “Logloss” (fixed value); Eval_metric: Evaluation metric: “AUC” (fixed value); Verbose: Log output level: 0 (fixed value, no output); Prediction_type: Prediction type (Probability / Category): “Probability” (fixed value). | CatBoost |

LR, Logistic Regression; SVM, Support Vector Machine; NNet, Neural Network; NB, Naïve Bayes; RF, Random Forest; XGB; Extreme Gradient Boosting; LGBM, Light Gradient Boosting Machine; CAT, CATBoost

Supplementary Table 3. Clinical characteristics between patients at training and test sets (n = 790)

| Parameters | Total (n = 790) | Training set (n = 553) | Test set (n = 237) | Statistics | p value |
|---------------------------------|--------------------|---------------------------|-----------------------|------------|---------|
| Age | 74.0 [67.0, 80.0] | 73.0 [67.0, 80.0] | 74.0 [67.0, 81.0] | -0.752 | 0.452 |
| Malnutrition | | | | | |
| No | 442 (55.9%) | 302 (54.6%) | 140 (59.1%) | 1.34 | 0.247 |
| Yes | 348 (44.1%) | 251 (45.4%) | 97 (40.9%) | | |
| Gender | | | | | |
| Men | 346 (43.8%) | 234 (42.3%) | 112 (47.3%) | 1.65 | 0.199 |
| Women | 444 (56.2%) | 319 (57.7%) | 125 (52.7%) | | |
| Residence | | | | | |
| Rural (%) | 349 (44.2%) | 244 (44.1%) | 105 (44.3%) | 0.002 | 0.963 |
| Urban (%) | 441 (55.8%) | 309 (55.9%) | 132 (55.7%) | | |
| Education level | | | | | |
| < high school | 518 (65.6%) | 362 (65.5%) | 156 (65.8%) | 0.010 | 0.922 |
| ≥ high school | 272 (34.4%) | 191 (34.5%) | 81 (34.2%) | | |
| Monthly household income (Yuan) | | | | | |
| <3000 | 353 (44.7%) | 259 (46.8%) | 94 (39.7%) | 3.86 | 0.145 |
| 3000-5000 | 293 (37.1%) | 200 (36.2%) | 93 (39.2%) | | |
| >5000 | 144 (18.2%) | 94 (17.0%) | 50 (21.1%) | | |
| BMI (kg/m ²) | 24.2 [20.6, 27.4] | 24.2 [20.5, 27.5] | 24.2 [20.6, 27.4] | -0.071 | 0.943 |
| Current smoking (%) | 298 (37.7%) | 217 (39.2%) | 81 (34.2%) | 1.81 | 0.178 |
| Current drinking (%) | 294 (37.2%) | 212 (38.3%) | 82 (34.6%) | 0.992 | 0.319 |
| Disease duration (months) | | | | | |
| ≤6 | 594 (75.2%) | 420 (75.9%) | 174 (73.4%) | 0.570 | 0.450 |
| >6 | 196 (24.8%) | 133 (24.1%) | 63 (26.6%) | | |
| NYHA classification | | | | | |
| II | 113 (14.3%) | 77 (13.9%) | 36 (15.2%) | 0.769 | 0.681 |
| III | 403 (51.0%) | 279 (50.5%) | 124 (52.3%) | | |
| IV | 274 (34.7%) | 197 (35.6%) | 77 (32.5%) | | |
| Teeth number | | | | | |
| ≥20 | 321 (40.6%) | 224 (40.5%) | 97 (40.9%) | 0.012 | 0.912 |
| <20 | 469 (59.4%) | 329 (59.5%) | 140 (59.1%) | | |
| Living alone (%) | 71 (9.0%) | 48 (8.7%) | 23 (9.7%) | 0.213 | 0.644 |
| Comorbidities | | | | | |
| Peripheral edema (%) | 459 (58.1%) | 321 (58.0%) | 138 (58.2%) | 0.002 | 0.962 |
| Hypertension (%) | 511 (64.7%) | 360 (65.1%) | 151 (63.7%) | 0.140 | 0.709 |

PG- BMI, Body Mass Index; NYHA, New York Heart Association; COPD, Chronic Obstructive Pulmonary Disease; CHD, Coronary Heart Disease; CKD, Chronic Kidney Disease; MRA, Mineralocorticoid Receptor Antagonist; ACEI/ARB, Angiotensin-Converting Enzyme Inhibitor/Angiotensin II Receptor Blocker; TP, Total Protein; HGB, Hemoglobin; Cr, Creatinine; Hs-CRP, High-sensitivity C-Reactive Protein; Na, Sodium; K, Potassium; FBG, Fasting Blood Glucose; NT-proBNP, N-Terminal pro B-type Natriuretic Peptide; WBC, White Blood Cell; Alb, Albumin; Neu, Neutrophil; Lym, Lymphocyte; PLT, Platelet; Mon, Monocyte; NLR, Neutrophil-to-Lymphocyte Ratio; PLR, Platelet-to-Lymphocyte Ratio; PNI, Prognostic Nutritional Index. Continuous values are presented as median [IQR] and category values are presented as frequency (%).

Supplementary Table 3. Clinical characteristics between patients at training and test sets (n = 790)

| Parameters | Total (n = 790) | Training set (n = 553) | Test set (n = 237) | Statistics | p value |
|-----------------------------------|--------------------|---------------------------|-----------------------|------------|---------|
| Comorbidities | | | | | |
| Dyslipidemia (%) | 366 (46.3%) | 259 (46.8%) | 107 (45.1%) | 0.190 | 0.663 |
| COPD (%) | 156 (19.7%) | 105 (19.0%) | 51 (21.5%) | 0.671 | 0.413 |
| CHD (%) | 479 (60.6%) | 332 (60.0%) | 147 (62.0%) | 0.275 | 0.600 |
| Atrial fibrillation (%) | 272 (34.4%) | 185 (33.5%) | 87 (36.7%) | 0.779 | 0.378 |
| Valvular heart disease (%) | 211 (26.7%) | 146 (26.4%) | 65 (27.4%) | 0.089 | 0.765 |
| Diabetes (%) | 227 (28.7%) | 163 (29.5%) | 64 (27.0%) | 0.495 | 0.482 |
| Anemia (%) | 358 (45.3%) | 253 (45.8%) | 105 (44.3%) | 0.140 | 0.708 |
| CKD (%) | 281 (35.6%) | 198 (35.8%) | 83 (35.0%) | 0.044 | 0.833 |
| Gastrointestinal disease (%) | 301 (38.1%) | 203 (36.7%) | 98 (41.4%) | 1.52 | 0.218 |
| Functional capacity | | | | | |
| Hand grasp (kg) | 17.0 [13.0, 21.0] | 17.0 [13.0, 21.0] | 17.0 [14.0, 21.0] | -0.693 | 0.488 |
| Upper arm circumference (cm) | 24.0 [20.0, 30.0] | 25.0 [21.0, 30.0] | 24.0 [19.0, 29.0] | -1.54 | 0.124 |
| Calf circumference (cm) | 34.0 [31.0, 37.0] | 35.0 [31.0, 37.0] | 34.0 [31.0, 37.0] | -1.08 | 0.280 |
| Medication | | | | | |
| Diuretics (%) | 536 (67.8%) | 379 (68.5%) | 157 (66.2%) | 0.399 | 0.528 |
| MRA (%) | 678 (85.8%) | 483 (87.3%) | 195 (82.3%) | 3.50 | 0.062 |
| β-blocker (%) | 438 (55.4%) | 313 (56.6%) | 125 (52.7%) | 0.999 | 0.317 |
| ACEI/ARB (%) | 587 (74.3%) | 406 (73.4%) | 181 (76.4%) | 0.758 | 0.384 |
| Medical number (≥ 5) | 306 (38.7%) | 218 (39.4%) | 88 (37.1%) | 0.367 | 0.545 |
| Laboratory tests | | | | | |
| TP (g/L) | 54.0 [46.0, 63.0] | 55.0 [46.0, 64.0] | 54.0 [46.0, 62.5] | -0.973 | 0.331 |
| HGB (g/L) | 133 [121, 147] | 133 [122, 149] | 133 [121, 147] | -0.553 | 0.580 |
| Cr (mg/dL) | 1.50 [1.10, 1.90] | 1.50 [1.10, 1.90] | 1.50 [1.10, 1.90] | -0.180 | 0.857 |
| Hs-CRP (<0.5mg/L) | 503 (63.7%) | 356 (64.4%) | 147 (62.0%) | 0.396 | 0.529 |
| Na (mmol/L) | 135 [129, 141] | 135 [130, 140] | 135 [129, 141] | -0.482 | 0.630 |
| K (mmol/L) | 4.10 [3.80, 4.50] | 4.10 [3.80, 4.50] | 4.10 [3.80, 4.50] | -0.612 | 0.541 |
| FBG (g/L) | 5.30 [4.70, 5.90] | 5.20 [4.70, 6.00] | 5.30 [4.70, 5.90] | -0.154 | 0.878 |
| eGFR (ml/min/1.73m ²) | 70.0 [56.0, 87.0] | 71.0 [58.0, 87.0] | 70.0 [55.0, 87.0] | -1.160 | 0.246 |
| BNP (mg/L) | 372 [222, 491] | 373 [220, 491] | 369 [224, 494] | -0.276 | 0.782 |
| NT-proBNP (ng/L) | 2989 [2032, 3938] | 2998 [2050, 3916] | 2986 [2020, 3948] | -0.089 | 0.929 |
| Alb (mg/L) | 36.0 [28.0, 41.0] | 35.0 [27.0, 41.0] | 36.0 [29.0, 41.0] | -1.73 | 0.084 |
| WBC (10 ⁹ /L) | 10.1 [8.40, 12.5] | 10.2 [8.70, 12.6] | 10.0 [8.30, 12.3] | -1.37 | 0.170 |

PG- BMI, Body Mass Index; NYHA, New York Heart Association; COPD, Chronic Obstructive Pulmonary Disease; CHD, Coronary Heart Disease; CKD, Chronic Kidney Disease; MRA, Mineralocorticoid Receptor Antagonist; ACEI/ARB, Angiotensin-Converting Enzyme Inhibitor/Angiotensin II Receptor Blocker; TP, Total Protein; HGB, Hemoglobin; Cr, Creatinine; Hs-CRP, High-sensitivity C-Reactive Protein; Na, Sodium; K, Potassium; FBG, Fasting Blood Glucose; NT-proBNP, N-Terminal pro B-type Natriuretic Peptide; WBC, White Blood Cell; Alb, Albumin; Neu, Neutrophil; Lym, Lymphocyte; PLT, Platelet; Mon, Monocyte; NLR, Neutrophil-to-Lymphocyte Ratio; PLR, Platelet-to-Lymphocyte Ratio; PNI, Prognostic Nutritional Index.

Continuous values are presented as median [IQR] and category values are presented as frequency (%).

Supplementary Table 3. Clinical characteristics between patients at training and test sets (n = 790)

| Parameters | Total (n = 790) | Training set (n = 553) | Test set (n = 237) | Statistics | p value |
|--------------------------|--------------------|---------------------------|-----------------------|------------|---------|
| Neu (10 ⁹ /L) | 8.00 [6.00, 11.0] | 8.00 [5.00, 10.0] | 8.00 [6.00, 11.0] | -1.28 | 0.200 |
| Lym (10 ⁹ /L) | 1.70 [1.40, 2.00] | 1.70 [1.40, 2.00] | 1.70 [1.30, 2.00] | -0.286 | 0.775 |
| PLT (10 ⁹ /L) | 190 [145, 246] | 187 [144, 243] | 192 [147, 248] | -1.02 | 0.307 |
| Mon (10 ⁹ /L) | 0.52 [0.28, 0.73] | 0.49 [0.26, 0.72] | 0.56 [0.31, 0.73] | -1.54 | 0.123 |
| NLR | 4.71 [3.16, 6.67] | 4.76 [3.33, 6.67] | 4.62 [2.95, 6.43] | -1.01 | 0.314 |
| PLR | 111 [81.8, 155] | 108 [82.0, 147] | 112 [81.5, 156] | -0.709 | 0.478 |
| PNI | 44.5 [38.0, 50.0] | 44.0 [37.5, 49.3] | 45.0 [38.5, 50.0] | -1.54 | 0.123 |

PG- BMI, Body Mass Index; NYHA, New York Heart Association; COPD, Chronic Obstructive Pulmonary Disease; CHD, Coronary Heart Disease; CKD, Chronic Kidney Disease; MRA, Mineralocorticoid Receptor Antagonist; ACEI/ARB, Angiotensin-Converting Enzyme Inhibitor/Angiotensin II Receptor Blocker; TP, Total Protein; HGB, Hemoglobin; Cr, Creatinine; Hs-CRP, High-sensitivity C-Reactive Protein; Na, Sodium; K, Potassium; FBG, Fasting Blood Glucose; NT-proBNP, N-Terminal pro B-type Natriuretic Peptide; WBC, White Blood Cell; Alb, Albumin; Neu, Neutrophil; Lym, Lymphocyte; PLT, Platelet; Mon, Monocyte; NLR, Neutrophil-to-Lymphocyte Ratio; PLR, Platelet-to-Lymphocyte Ratio; PNI, Prognostic Nutritional Index.

Continuous values are presented as median [IQR] and category values are presented as frequency (%).

Supplementary Table 4. Clinical characteristics between patients at development and external validation sets (n = 1128)

| Parameters | Total (n = 1128) | External validation set (n = 338) | Development set (n = 790) | Statistics | p value |
|---------------------------------|---------------------|--------------------------------------|------------------------------|------------|---------|
| Age | 74.0 [67.0, 80.0] | 74.0 [67.8, 81.0] | 74.0 [67.0, 80.0] | -0.543 | 0.587 |
| Malnutrition | | | | | |
| No | 643 (57.0%) | 201 (59.5%) | 442 (55.9%) | 1.20 | 0.274 |
| Yes | 485 (43.0%) | 137 (40.5%) | 348 (44.1%) | | |
| Gender | | | | | |
| Men | 496 (44.0%) | 150 (44.4%) | 346 (43.8%) | 0.032 | 0.857 |
| Women | 632 (56.0%) | 188 (55.6%) | 444 (56.2%) | | |
| Residence | | | | | |
| Rural (%) | 487 (43.2%) | 138 (40.8%) | 349 (44.2%) | 1.08 | 0.298 |
| Urban (%) | 641 (56.8%) | 200 (59.2%) | 441 (55.8%) | | |
| Education level | | | | | |
| < high school | 754 (66.8%) | 236 (69.8%) | 518 (65.6%) | 1.93 | 0.165 |
| ≥high school | 374 (33.2%) | 102 (30.2%) | 272 (34.4%) | | |
| Monthly household income (Yuan) | | | | | |
| <3000 | 503 (44.6%) | 150 (44.4%) | 353 (44.7%) | 0.834 | 0.659 |
| 3000-5000 | 412 (36.5%) | 119 (35.2%) | 293 (37.1%) | | |
| >5000 | 213 (18.9%) | 69 (20.4%) | 144 (18.2%) | | |
| BMI (kg/m ²) | 24.1 [20.3, 27.4] | 23.4 [20.0, 27.2] | 24.2 [20.6, 27.4] | -1.06 | 0.290 |
| Current smoking (%) | 417 (37.0%) | 119 (35.2%) | 298 (37.7%) | 0.642 | 0.423 |
| Current drinking (%) | 415 (36.8%) | 121 (35.8%) | 294 (37.2%) | 0.204 | 0.651 |
| Disease duration (months) | | | | | |
| ≤6 | 844 (74.8%) | 250 (74.0%) | 594 (75.2%) | 0.189 | 0.664 |
| >6 | 284 (25.2%) | 88 (26.0%) | 196 (24.8%) | | |
| NYHA classification | | | | | |
| II | 161 (14.3%) | 48 (14.2%) | 113 (14.3%) | 0.006 | 0.997 |
| III | 575 (51.0%) | 172 (50.9%) | 403 (51.0%) | | |
| IV | 392 (34.8%) | 118 (34.9%) | 274 (34.7%) | | |
| Teeth number | | | | | |
| ≥20 | 457 (40.5%) | 136 (40.2%) | 321 (40.6%) | 0.015 | 0.901 |
| <20 | 671 (59.5%) | 202 (59.8%) | 469 (59.4%) | | |
| Living alone (%) | 101 (9.0%) | 30 (8.9%) | 71 (9.0%) | 0.004 | 0.952 |
| Comorbidities | | | | | |
| Peripheral edema (%) | 657 (58.2%) | 198 (58.6%) | 459 (58.1%) | 0.022 | 0.881 |
| Hypertension (%) | 734 (65.1%) | 223 (66.0%) | 511 (64.7%) | 0.174 | 0.677 |

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Supplementary Table 4. Clinical characteristics between patients at development and external validation sets (n = 1128)

| Parameters | Total (n = 1128) | External validation set (n = 338) | Development set (n = 790) | Statistics | p value |
|-----------------------------------|----------------------|--------------------------------------|------------------------------|------------|---------|
| Comorbidities | | | | | |
| Dyslipidemia (%) | 521 (46.2%) | 155 (45.9%) | 366 (46.3%) | 0.021 | 0.884 |
| COPD (%) | 216 (19.1%) | 60 (17.8%) | 156 (19.7%) | 0.609 | 0.435 |
| CHD (%) | 688 (61.0%) | 209 (61.8%) | 479 (60.6%) | 0.144 | 0.705 |
| Atrial fibrillation (%) | 373 (33.1%) | 101 (29.9%) | 272 (34.4%) | 2.21 | 0.137 |
| Valvular heart disease (%) | 316 (28.0%) | 105 (31.1%) | 211 (26.7%) | 2.23 | 0.136 |
| Diabetes (%) | 324 (28.7%) | 97 (28.7%) | 227 (28.7%) | 0.001 | 0.990 |
| Anemia (%) | 506 (44.9%) | 148 (43.8%) | 358 (45.3%) | 0.224 | 0.636 |
| CKD (%) | 391 (34.7%) | 110 (32.5%) | 281 (35.6%) | 0.957 | 0.328 |
| Gastrointestinal disease (%) | 404 (35.8%) | 103 (30.5%) | 301 (38.1%) | 5.99 | 0.014* |
| Functional capacity | | | | | |
| Hand grasp (kg) | 17.0 [13.0, 21.0] | 16.0 [13.0, 21.0] | 17.0 [13.0, 21.0] | -1.33 | 0.184 |
| Upper arm circumference (cm) | 25.0 [20.0, 29.0] | 25.0 [20.0, 29.0] | 24.0 [20.0, 30.0] | -0.220 | 0.826 |
| Calf circumference (cm) | 34.0 [31.0, 37.0] | 34.0 [31.0, 37.0] | 34.0 [31.0, 37.0] | -0.456 | 0.649 |
| Medication | | | | | |
| Diuretics (%) | 776 (68.8%) | 240 (71.0%) | 536 (67.8%) | 1.10 | 0.294 |
| MRA (%) | 968 (85.8%) | 290 (85.8%) | 678 (85.8%) | 0.001 | 0.992 |
| β-blocker (%) | 606 (53.7%) | 168 (49.7%) | 438 (55.4%) | 3.14 | 0.077 |
| ACEI/ARB (%) | 838 (74.3%) | 251 (74.3%) | 587 (74.3%) | 0.002 | 0.988 |
| Medical number (≥ 5) | 443 (39.3%) | 137 (40.5%) | 306 (38.7%) | 0.321 | 0.571 |
| Laboratory tests | | | | | |
| TP (g/L) | 54.0 [46.0, 63.0] | 55.0 [46.0, 62.0] | 54.0 [46.0, 63.0] | -0.243 | 0.808 |
| HGB (g/L) | 133.0 [121.0, 148.0] | 133.0 [121.0, 148.0] | 133.0 [121.0, 147.0] | -0.339 | 0.734 |
| Cr (mg/dL) | 1.50 [1.10, 2.10] | 1.60 [1.20, 2.00] | 1.50 [1.10, 1.90] | -2.01 | 0.045* |
| Hs-CRP (<0.5mg/L) | 723 (64.1%) | 220 (65.1%) | 503 (63.7%) | 0.207 | 0.649 |
| Na (mmol/L) | 135 [129, 141] | 134 [129, 140] | 135 [129, 141] | -0.956 | 0.339 |
| K (mmol/L) | 4.10 [3.80, 4.50] | 4.20 [3.80, 4.43] | 4.10 [3.80, 4.50] | -0.569 | 0.569 |
| FBG (g/L) | 5.30 [4.60, 5.90] | 5.20 [4.60, 5.90] | 5.30 [4.70, 5.90] | -0.365 | 0.715 |
| eGFR (ml/min/1.73m ²) | 71.0 [56.0, 86.0] | 73.0 [56.0, 84.3] | 70.0 [56.0, 87.0] | -0.244 | 0.807 |
| BNP (mg/L) | 370 [220, 491] | 353 [212, 493] | 372 [222, 491] | -0.357 | 0.721 |
| NT-proBNP (ng/L) | 2981 [2049, 3938] | 2974 [2118, 3942] | 2989 [2032, 3938] | -0.350 | 0.726 |
| Alb (mg/L) | 36.0 [28.0, 41.0] | 36.0 [28.0, 41.0] | 36.0 [28.0, 41.0] | -0.669 | 0.503 |
| WBC (10 ⁹ /L) | 10.1 [8.3, 12.5] | 10.0 [8.3, 12.6] | 10.1 [8.4, 12.5] | -0.088 | 0.930 |

PG- BMI, Body Mass Index; NYHA, New York Heart Association; COPD, Chronic Obstructive Pulmonary Disease; CHD, Coronary Heart Disease; CKD, Chronic Kidney Disease; MRA, Mineralocorticoid Receptor Antagonist; ACEI/ARB, Angiotensin-Converting Enzyme Inhibitor/Angiotensin II Receptor Blocker; TP, Total Protein; HGB, Hemoglobin; Cr, Creatinine; Hs-CRP, High-sensitivity C-Reactive Protein; Na, Sodium; K, Potassium; FBG, Fasting Blood Glucose; NT-proBNP, N-Terminal pro B-type Natriuretic Peptide; WBC, White Blood Cell; Alb, Albumin; Neu, Neutrophil; Lym, Lymphocyte; PLT, Platelet; Mon, Monocyte; NLR, Neutrophil-to-Lymphocyte Ratio; PLR, Platelet-to-Lymphocyte Ratio; PNI, Prognostic Nutritional Index.

Continuous values are presented as median [IQR] and category values are presented as frequency (%).

*p < 0.05.

Supplementary Table 4. Clinical characteristics between patients at development and external validation sets (n = 1128)

| Parameters | Total (n = 1128) | External validation set (n = 338) | Development set (n = 790) | Statistics | p value |
|--------------------------|---------------------|--------------------------------------|------------------------------|------------|---------|
| Neu (10 ⁹ /L) | 8.00 [6.00, 11.0] | 8.00 [6.00, 11.0] | 8.00 [6.00, 11.0] | -0.610 | 0.542 |
| Lym (10 ⁹ /L) | 1.70 [1.40, 2.00] | 1.70 [1.40, 2.00] | 1.70 [1.40, 2.00] | -0.975 | 0.329 |
| PLT (10 ⁹ /L) | 189 [148, 247] | 184 [152, 249] | 190 [145, 246] | -0.230 | 0.818 |
| Mon (10 ⁹ /L) | 0.50 [0.27, 0.73] | 0.47 [0.23, 0.76] | 0.52 [0.28, 0.73] | -0.911 | 0.362 |
| NLR | 4.67 [3.16, 6.67] | 4.46 [3.08, 6.67] | 4.71 [3.16, 6.67] | -0.057 | 0.955 |
| PLR | 110 [80.9, 154] | 109 [78.3, 153] | 111 [81.8, 155] | -0.269 | 0.788 |
| PNI | 44.5 [38.0, 49.9] | 44.0 [37.9, 49.6] | 44.5 [38.0, 50.0] | -0.382 | 0.702 |

PG- BMI, Body Mass Index; NYHA, New York Heart Association; COPD, Chronic Obstructive Pulmonary Disease; CHD, Coronary Heart Disease; CKD, Chronic Kidney Disease; MRA, Mineralocorticoid Receptor Antagonist; ACEI/ARB, Angiotensin-Converting Enzyme Inhibitor/Angiotensin II Receptor Blocker; TP, Total Protein; HGB, Hemoglobin; Cr, Creatinine; Hs-CRP, High-sensitivity C-Reactive Protein; Na, Sodium; K, Potassium; FBG, Fasting Blood Glucose; NT-proBNP, N-Terminal pro B-type Natriuretic Peptide; WBC, White Blood Cell; Alb, Albumin; Neu, Neutrophil; Lym, Lymphocyte; PLT, Platelet; Mon, Monocyte; NLR, Neutrophil-to-Lymphocyte Ratio; PLR, Platelet-to-Lymphocyte Ratio; PNI, Prognostic Nutritional Index.

Continuous values are presented as median [IQR] and category values are presented as frequency (%).

*p < 0.05.

Supplementary Table 5. Multivariable logistic regression analysis

| Variables | B | SE | OR | 95% CI | Z | Exact p-value | p _{FDR} [†] |
|---------------------|--------|-------|-------|-------------|-------|---------------|-------------------------------|
| NYHA classification | 1.11 | 0.173 | 3.03 | 2.15-4.25 | 6.39 | <0.001*** | <0.001*** |
| Diabetes | 1.42 | 0.238 | 4.12 | 2.58-6.57 | 5.95 | <0.001*** | <0.001*** |
| Medical number | 0.692 | 0.218 | 2.00 | 1.31-3.06 | 3.18 | 0.001** | 0.002** |
| Hs-CRP | 0.644 | 0.222 | 1.90 | 1.23-2.94 | 2.90 | 0.004** | 0.004** |
| Age | 0.058 | 0.013 | 1.06 | 1.03-1.09 | 4.56 | <0.001*** | <0.001*** |
| BMI | -0.114 | 0.023 | 0.892 | 0.853-0.933 | -5.03 | <0.001*** | <0.001*** |
| PNI | -0.032 | 0.014 | 0.968 | 0.942-0.995 | -2.32 | 0.020* | 0.020* |
| Calf circumference | -0.173 | 0.031 | 0.841 | 0.791-0.894 | -5.60 | <0.001*** | <0.001*** |

BMI, Body Mass Index; NYHA classification, New York Heart Association classification; Hs-CRP, High-sensitivity C-Reactive Protein; PNI, Prognostic Nutritional Index; B, regression coefficient; SE, standard error; OR, odds ratio; CI, confidence interval; Z, Z-score; FDR, false discovery rate.

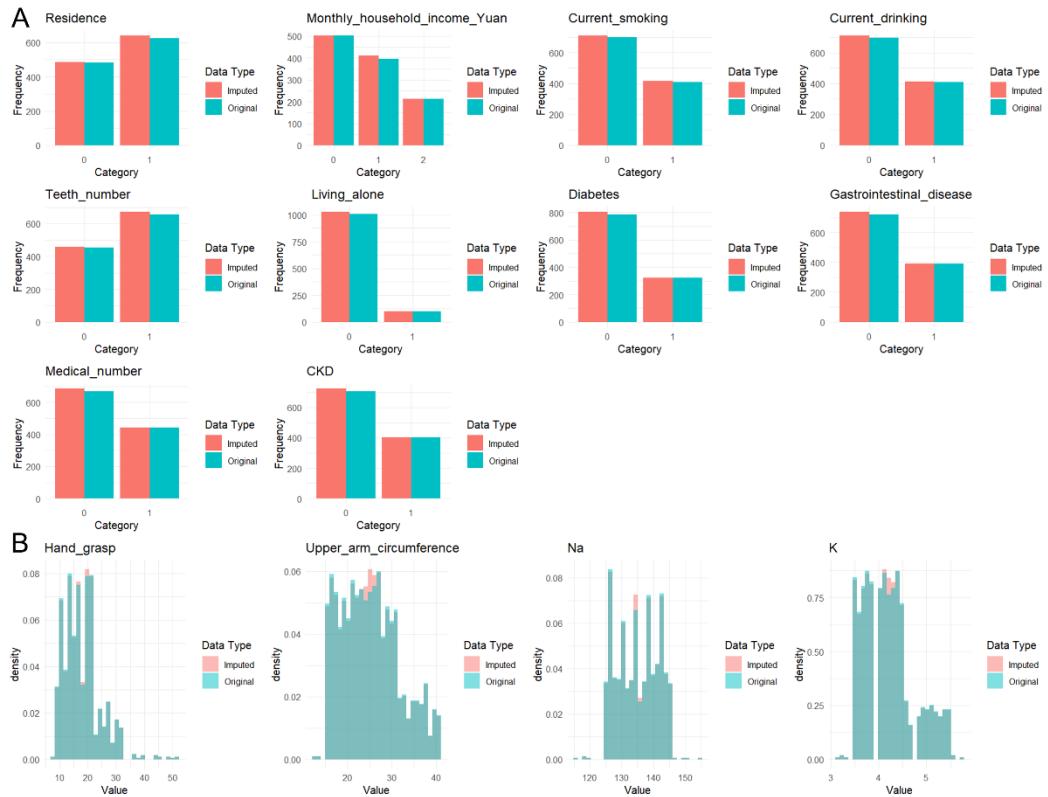
[†]p-value adjusted for false discovery rate based on the eight variables in the current analysis

*p < 0.05, **p < 0.01, ***p < 0.001.

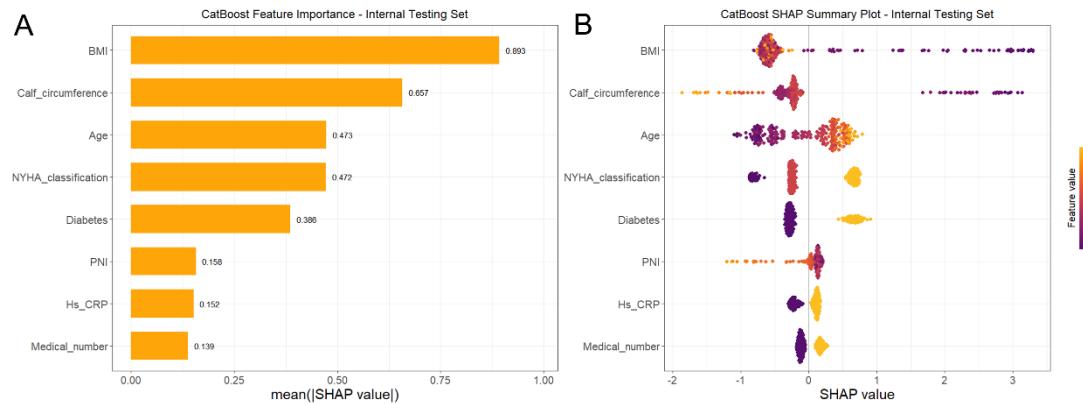
Supplementary Table 6. Performance of machine learning-based models in the training and test sets

| Algorithms | Accuracy | AUC (95% CI) | Recall | Precision | F1 score | Specificity | NPV | Brier score |
|-------------------------|----------|---------------------|--------|-----------|----------|-------------|-------|-------------|
| Training set | | | | | | | | |
| LR | 0.770 | 0.846 (0.814-0.878) | 0.709 | 0.767 | 0.737 | 0.821 | 0.773 | 0.159 |
| RF | 0.835 | 0.914 (0.891-0.937) | 0.721 | 0.896 | 0.799 | 0.931 | 0.801 | 0.120 |
| XGB | 0.821 | 0.911 (0.888-0.935) | 0.673 | 0.909 | 0.774 | 0.944 | 0.777 | 0.140 |
| LGBM | 0.788 | 0.873 (0.844-0.901) | 0.705 | 0.805 | 0.752 | 0.858 | 0.778 | 0.155 |
| NNet | 0.797 | 0.890 (0.865-0.916) | 0.745 | 0.796 | 0.770 | 0.841 | 0.799 | 0.135 |
| CAT | 0.859 | 0.947 (0.930-0.964) | 0.753 | 0.922 | 0.829 | 0.947 | 0.822 | 0.099 |
| SVM | 0.814 | 0.899 (0.874-0.925) | 0.777 | 0.806 | 0.791 | 0.844 | 0.820 | 0.128 |
| NB | 0.799 | 0.901 (0.876-0.926) | 0.665 | 0.861 | 0.751 | 0.911 | 0.766 | 0.130 |
| Internal testing set | | | | | | | | |
| LR | 0.776 | 0.837 (0.783-0.892) | 0.680 | 0.750 | 0.714 | 0.843 | 0.792 | 0.155 |
| RF | 0.827 | 0.887 (0.842-0.932) | 0.732 | 0.826 | 0.776 | 0.893 | 0.828 | 0.127 |
| XGB | 0.819 | 0.883 (0.837-0.929) | 0.680 | 0.846 | 0.754 | 0.914 | 0.805 | 0.143 |
| LGBM | 0.751 | 0.831 (0.779-0.884) | 0.691 | 0.698 | 0.694 | 0.793 | 0.787 | 0.168 |
| NNet | 0.789 | 0.858 (0.807-0.909) | 0.691 | 0.770 | 0.728 | 0.857 | 0.800 | 0.143 |
| CAT | 0.840 | 0.901 (0.858-0.943) | 0.753 | 0.839 | 0.794 | 0.900 | 0.840 | 0.113 |
| SVM | 0.772 | 0.842 (0.789-0.896) | 0.691 | 0.736 | 0.713 | 0.829 | 0.795 | 0.155 |
| NB | 0.810 | 0.898 (0.857-0.939) | 0.680 | 0.825 | 0.746 | 0.900 | 0.803 | 0.125 |
| External validation set | | | | | | | | |
| LR | 0.754 | 0.855 (0.816-0.893) | 0.737 | 0.682 | 0.709 | 0.766 | 0.811 | 0.159 |
| RF | 0.822 | 0.900 (0.867-0.933) | 0.759 | 0.794 | 0.776 | 0.866 | 0.841 | 0.124 |
| XGB | 0.846 | 0.908 (0.877-0.939) | 0.737 | 0.863 | 0.795 | 0.920 | 0.837 | 0.140 |
| LGBM | 0.787 | 0.857 (0.817-0.897) | 0.745 | 0.734 | 0.739 | 0.816 | 0.824 | 0.162 |
| NNet | 0.793 | 0.878 (0.842-0.914) | 0.818 | 0.713 | 0.762 | 0.776 | 0.862 | 0.145 |
| CAT | 0.828 | 0.916 (0.887-0.945) | 0.774 | 0.797 | 0.785 | 0.866 | 0.849 | 0.116 |
| SVM | 0.760 | 0.856 (0.817-0.895) | 0.745 | 0.689 | 0.716 | 0.771 | 0.816 | 0.156 |
| NB | 0.802 | 0.891 (0.858-0.923) | 0.693 | 0.792 | 0.739 | 0.876 | 0.807 | 0.133 |

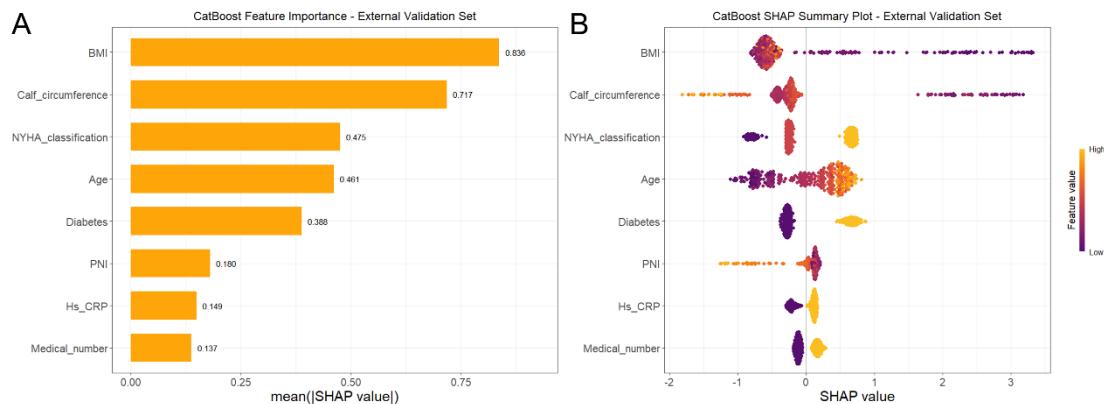
AUC, Area Under curve; CI, Confidence Interval; NPV, negative predictive value; LR, Logistic Regression; SVM, Support Vector Machine; NNet, Neural Network; NB, Naïve Bayes; RF, Random Forest; XGB; Extreme Gradient Boosting; LGBM, Light Gradient Boosting Machine; CAT, CATBoost



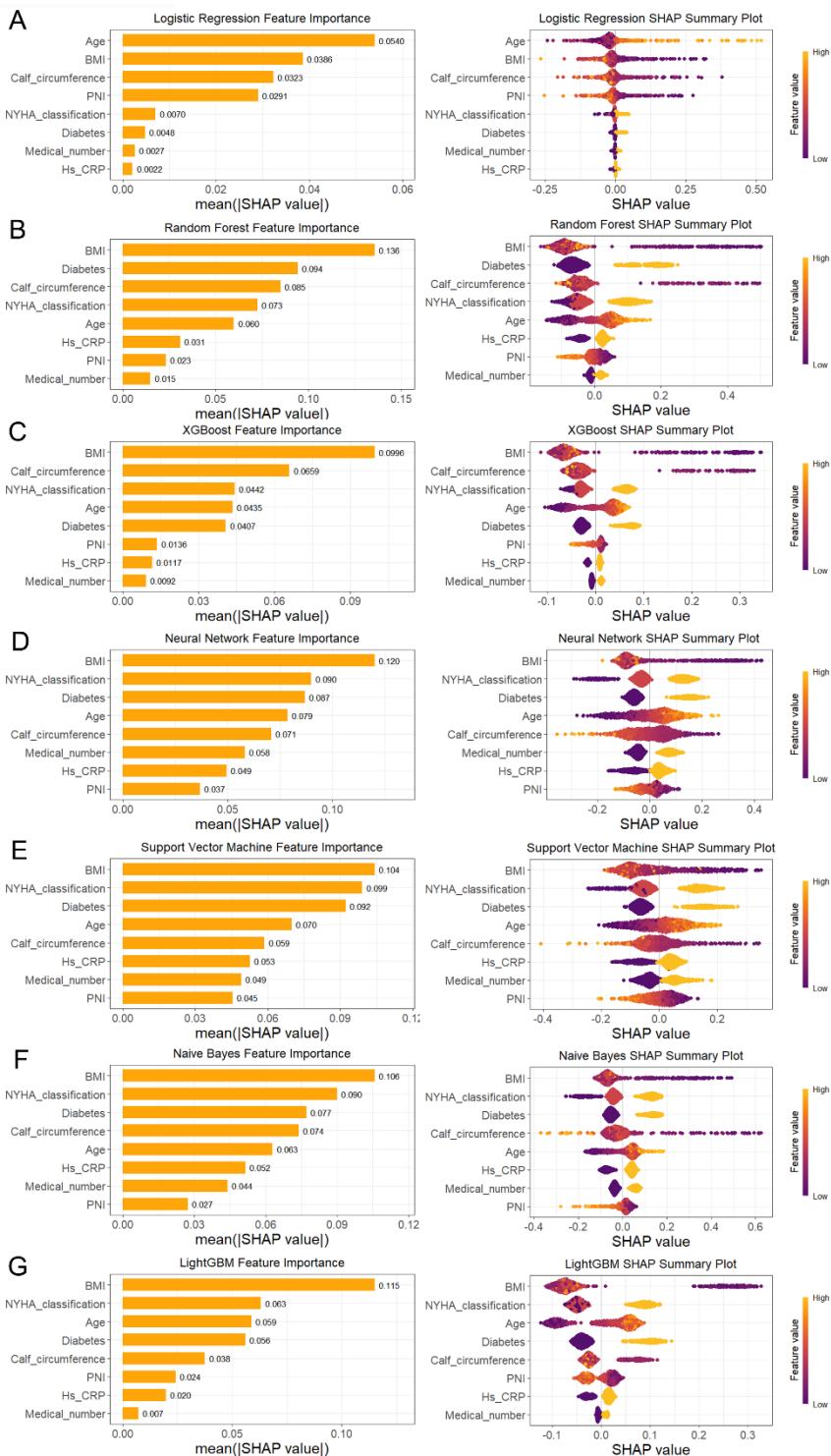
Supplementary Figure 1. Assessment of missing data patterns before and after imputation. (A) Distribution of missing values for category variables. (B) Distribution of missing values for continuous variables.



Supplementary Figure 2. SHAP analysis based on the CatBoost model in the internal testing set. (A) Summary plot of feature importance. (B) Beeswarm plot illustrating feature importance.



Supplementary Figure 3. SHAP analysis based on the CatBoost model in the external validation set. (A) Summary plot of feature importance. (B) Beeswarm plot illustrating feature importance.



Supplementary Figure 4. SHAP summary plot for the eight influential variables in the other predictive models. (A) Logistic regression. (B) Random Forest. (C) XGBoost. (D) Neural Network. (E) Support Vector Machine. (F) Naïve Bayes; (G) LightGBM.