

## Supplementary Materials

# Association between the Dietary Inflammatory Index and lung function in exacerbated chronic obstructive pulmonary disease: The mediating role of inflammatory indicators

Yulian Sun MSc<sup>1,2</sup>, Chaoqun Yang MSc<sup>1,2</sup>, Luyao Li MSc<sup>1,2</sup>, Xin Xu MSc<sup>1,2</sup>, Mingxin Li MSc<sup>1,2</sup>, Liangjie Zhao<sup>3</sup>, Quanguo Li<sup>4</sup>, Xiaoqi Zhang<sup>4</sup>, Haichao Wen PhD<sup>1,2</sup>, Yang Yang PhD<sup>1,2</sup>, Aiguo Ma PhD<sup>1,2</sup>, Jing Cai PhD<sup>1,2</sup>

<sup>1</sup>*Department of Nutrition and Food Hygiene, School of Public Health, Qingdao University, Qingdao, China*

<sup>2</sup>*Institute of Nutrition and Health, School of Public Health, Qingdao University, Qingdao, China*

<sup>3</sup>*Ji'nan Gaoxin District Disease Control and Prevention Centre, Jinan, China*

<sup>4</sup>*Department of Respiratory, Weifang NO.2 People's Hospital, Weifang Respiratory Disease Hospital, Weifang, China*

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### Corresponding Author:

Dr Jing Cai, School of Public Health, Qingdao University, No.38 Dengzhou Road, Shibei District, Qingdao, Shandong Province, China.

Tel: +86-15165231565.

Email: caijing@qdu.edu.cn

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**Supplementary Table 1.** Food parameter-specific inflammatory effect score

Food parameters	Inflammatory effects score
Energy (kcal)	0.180
Carbohydrates (g)	0.097
Protein (g)	0.021
Total fat (g)	0.298
Saturated fatty acids (g)	0.373
Monounsaturated fatty acids (g)	-0.009
Polyunsaturated fatty acids (g)	-0.337
n-3 Polyunsaturated fatty acids (g)	-0.436
n-6 Polyunsaturated fatty acids (g)	-0.159
Dietary fiber (g)	-0.663
Cholesterol (mg)	0.110
Vitamin A (RE)	-0.401
$\beta$ -carotene ( $\mu$ g)	-0.584
Thiamine (mg)	-0.098
Riboflavin (mg)	-0.068
Niacin (mg)	-0.246
Vitamin C (mg)	-0.424
Vitamin E (mg)	-0.419
Magnesium (mg)	-0.484
Iron (mg)	0.032
Zinc (mg)	-0.313
Selenium ( $\mu$ g)	-0.191
Isoflavones (mg)	-0.593
Anthocyanin (mg)	-0.131
Alcohol (g)	-0.278