

Supplementary Materials

Fish oil-enriched food for special medical purpose in Chinese patients with gastrointestinal tumor undergoing surgery: A multicenter, randomized, non-inferiority trial

Jianchun Yu MD¹, Wei Chen MD², Gang Xiao MD³, Qi An MD³, Ziyu Li MD⁴, Bin Liang MD⁵, Yuanxin Li MD⁶, Dongbing Zhao MD⁷, Junsheng Peng MD⁸, Yanbing Zhou MD⁹, Guole Lin MD¹, Weiming Kang MD¹, Zijian Li MD³, Chao Yan MD⁴, Yuanpei Lin MD⁵, Changzhen Zhu MD⁶, Hu Ren MD⁷, Yijia Lin MD⁸, Yulong Tian MD⁹

¹*Department of General Surgery, Peking Union Medical College Hospital, Chinese Academy of Medical Sciences & Peking Union Medical College, Beijing, China*

²*Department of Clinical Nutrition, Peking Union Medical College Hospital, Chinese Academy of Medical Sciences & Peking Union Medical College, Beijing, China*

³*Department of General Surgery, Beijing Hospital, National Center of Gerontology, National Clinical Research Center for Gerontology, The Key Laboratory of Geriatrics of National Health Commission, Institute of Geriatric Medicine, Chinese Academy of Medical Sciences, Beijing, China*

⁴*Key Laboratory of Carcinogenesis and Translational Research (Ministry of Education/Beijing), Ward I of the Gastrointestinal Cancer Center, Peking University Cancer Hospital and Institute, Beijing, China*

⁵*Department of Gastrointestinal Surgery, Peking University People's Hospital, Beijing, China*

⁶*Department of Gastrointestinal Surgery, Beijing Tsinghua Changgung Hospital, School of Clinical Medicine, Tsinghua University, Beijing, China*

⁷*Department of Pancreatic and Gastric Surgical Oncology, National Cancer Center/National Clinical Research for Cancer/Cancer Hospital, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing, China*

⁸*The Sixth Affiliated Hospital, Sun Yat-sen University, Guangdong Provincial Key Laboratory of Colorectal and Pelvic Floor Disease, Guangzhou, China*

⁹*Department of Gastrointestinal Surgery, The Affiliated Hospital of Qingdao University, Qingdao, Shandong, China*

Corresponding Author:

Prof Jianchun Yu, Department of General Surgery, Peking Union Medical College Hospital, Chinese Academy of Medical Sciences & Peking Union Medical College, 1# Shuaifuyuan, Dongcheng District, Beijing, 100730, P.R. China

Tel: +861069152629

Email: yu-jch@163.com

Manuscript received 17 December 2025. Initial review completed 15 January 2026. Revision accepted 25 March 2026.

doi: 10.6133/apjcn.202606_35(3).0009

Supplementary Table 1. Table of approximate composition of study products (per 100 kcal)

Nutrient	TPF-T	FSMP
Energy, kcal	100	100
Protein, g	4.5	6.8
Fat, g	5.5	3.4
Carbohydrate, g	8.0	9.7
Fiber, g	1	1.6
Vitamins		
A, µg RE	154	83.2
D, µg	0.4	1.4
E, mg α -TE	2.1	4.7
K, µg	5.1	8.0
C, mg	6.2	34.4
Thiamin, mg	0.1	0.2
Riboflavin, mg	0.1	0.2
B ₆ , mg	0.1	0.2
B ₁₂ , µg	0.2	0.4
Pantothenic acid, mg	0.4	0.8
Folic acid, µg	10.0	28.6
Niacin, mg	0.9	0.96
Biotin, µg	10.0	4.0
Choline, mg	20.5	40.8
Minerals		
Sodium, mg	61.5	106
Potassium, mg	132.3	143.9
Chloride, mg	95.4	128.5
Calcium, mg	38.5	93.3
Phosphorus, mg	38.5	53.2
Magnesium, mg	16.9	33.5
Iron, mg	1.0	1.1
Zinc, mg	0.8	1.7
Copper, µg	100.0	61.9
Manganese, mg	0.2	0.3
Iodine, µg	10.2	12.8
Selenium, µg	5.2	6.3
Chromium, µg	5.1	6.4
Molybdenum, µg	7.7	8.8
Fluoride, mg	0.1	0
Others		
ω -3 Fatty acid [†] , g	0.2	0.5
Added Glutamine, g	0	0.75
Taurine, mg	0	11.0
L-Carnitine, mg	0	8.0

[†]including EPA and DHA

Supplementary Table 2. Comparison of analysis for the primary outcome in the full analysis set with and without multiple imputation

	Visit	Group	n	Least square means (SE)	95%CI	Least square means differences (FSMP - TPF-T)		
						Least square means (SE)	95%CI	p value
With multiple imputation	Change from baseline to final visit/ Exit	FSMP (N=162)	162	-57.7 (11.3)	-79.8, -35.6	7.9 (5.5)	-2.9, 18.7	0.152
		TPF-T (N=163)	163	-65.6 (11.1)	-87.4, -43.9			
Without multiple imputation	Change from baseline to final visit/ Exit	FSMP (N=162)	151	-57.5 (11.3)	-79.8, -35.3	7.3 (5.50)	-3.5, 18.2	0.184
		TPF-T (N=163)	154	-64.9 (11.1)	-86.7, -43.0			

SE: Standard Error; CI: confidence interval

Least square means and confidence intervals were from an ANCOVA model containing treatment group, study site and randomization stratification as factors and baseline result as a covariate.

Supplementary Table 3. Subgroup analysis of serum pre-albumin levels

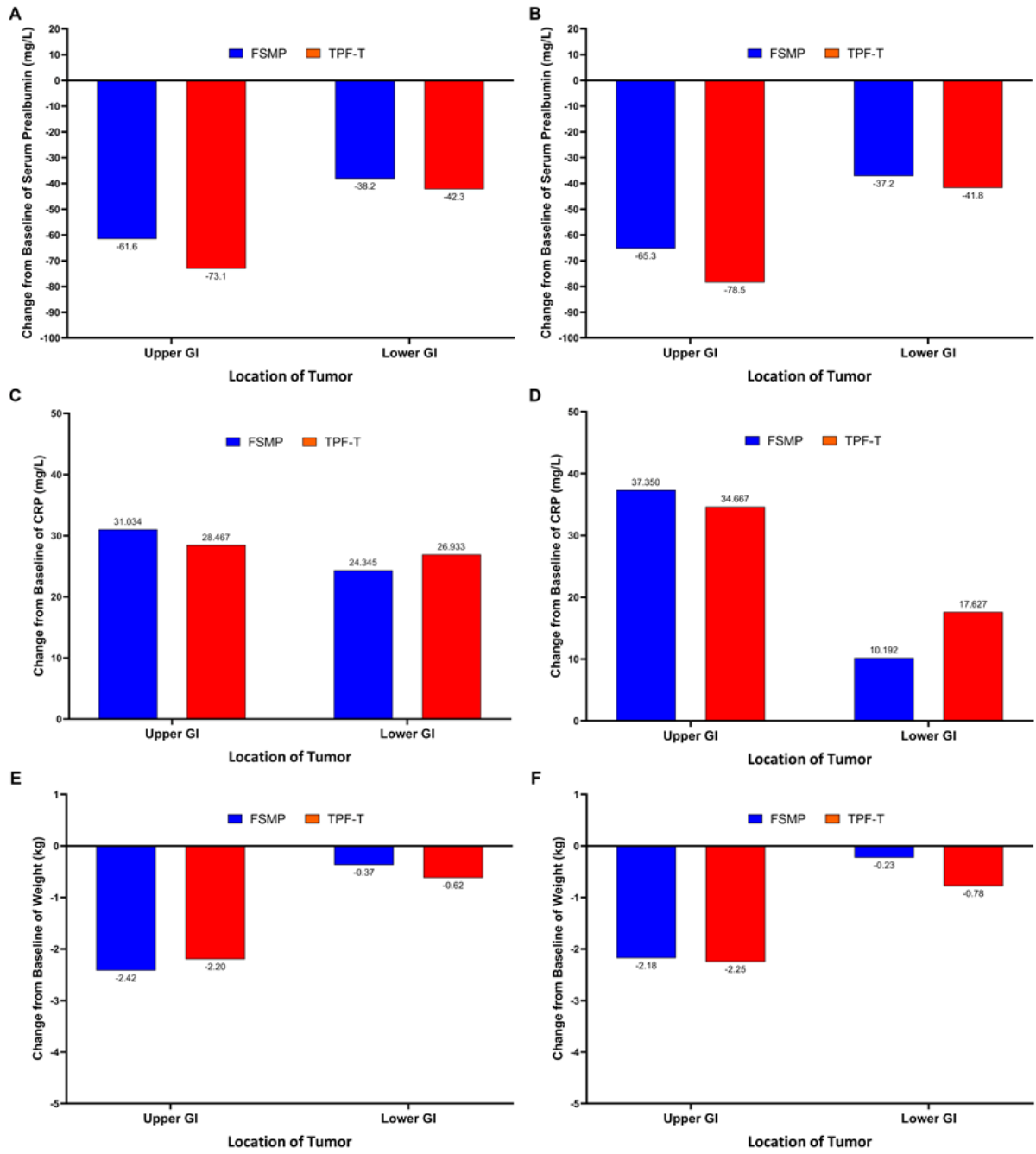
Outcomes	FAS				PPS			
	FSMP group	Control group	95%CI	<i>p</i> value	FSMP group	Control group	95%CI	<i>p</i> value
9±3 days post-surgery								
Upper gastrointestinal tumor			-9.3, 32.2	0.275			-8.6, 35.0	0.230
n	53	56			31	35		
Change from baseline, mg/L, LS mean (SE)	-61.6 (17.2)	-73.1 (16.6)			-65.3 (15.5)	-78.5 (14.9)		
Difference between groups, mg/L, LS mean (SE)	11.5 (10.5)				13.2 (10.9)			
Lower gastrointestinal tumor			-8.5, 16.6	0.524			-9.9, 19.1	0.530
n	98	98			69	65		
Change from baseline, mg/L, LS mean (SE)	-38.2 (23.4)	-42.3 (23.0)			-37.2 (22.9)	-41.8 (22.4)		
Difference between groups, mg/L, LS mean (SE)	4.1 (6.37)				4.6 (7.32)			
Laparoscopy			-4.0, 18.0	0.212			-4.9, 19.2	0.245
n	149	150			99	96		
Change from baseline, mg/L, LS mean (SE)	-65.8 (5.47)	-72.8 (5.54)			-62.6 (7.20)	-69.8 (7.10)		
Difference between groups, mg/L, LS mean (SE)	7.0 (5.58)				7.1 (6.12)			
1 day before surgery/Surgery day								
Upper gastrointestinal tumor			-0.1, 18.8	0.053			-8.0, 16.4	0.493
n	51	57			31	35		
Change from baseline, mg/L, LS mean (SE)	17.9 (7.88)	8.6 (7.48)			19.9 (8.71)	15.7 (8.36)		
Difference between groups, mg/L, LS mean (SE)	9.3 (4.77)				4.2 (6.11)			
Lower gastrointestinal tumor			-11.1, 4.4	0.396			-13.4, 5.3	0.394
n	96	91			68	64		
Change from baseline, mg/L, LS mean (SE)	-8.2 (14.1)	-4.8 (13.9)			-8.2 (15.0)	-4.1 (14.6)		
Difference between groups, mg/L, LS mean (SE)	-3.4 (3.94)				-4.0 (4.73)			
Laparoscopy			-5.2, 7.0	0.771			-9.1, 5.9	0.671
n	145	144			98	95		
Change from baseline, mg/L, LS mean (SE)	11.9 (3.15)	11.0 (3.19)			12.0 (5.22)	13.6 (5.04)		
Difference between groups, mg/L, LS mean (SE)	0.9 (3.09)				-1.6 (3.78)			

FAS: full analysis set; PPS: per protocol set; LS: least squares; SE: standard error; CI: confidence interval.

Supplementary Table 3. Subgroup analysis of serum pre-albumin levels (cont.)

Outcomes	FAS				PPS			
	FSMP group	Control group	95%CI	<i>p</i> value	FSMP group	Control group	95%CI	<i>p</i> value
1 day post-surgery								
Upper gastrointestinal tumor			-1.5, 19.0	0.095			-5.2, 20.5	0.237
n	50	55			31	34		
Change from baseline, mg/L, LS mean (SE)	-37.0 (8.46)	-45.8 (8.02)			-37.7 (9.11)	-45.4 (8.80)		
Difference between groups, mg/L, LS mean (SE)	8.7 (5.17)				7.7 (6.42)			
Lower gastrointestinal tumor			-6.6, 7.8	0.862			-7.7, 8.2	0.950
n	93	87			67	64		
Change from baseline, mg/L, LS mean (SE)	-40.8 (12.8)	-41.5 (12.6)			-38.3 (12.8)	-38.6 (12.4)		
Difference between groups, mg/L, LS mean (SE)	0.6 (3.65)				0.3 (4.04)			
Laparoscopy			-2.7, 9.1	0.287			-4.3, 9.3	0.467
n	141	138			97	94		
Change from baseline, mg/L, LS mean (SE)	-41.8 (2.90)	-45.0 (2.99)			-39.2 (4.75)	-41.7 (4.63)		
Difference between groups, mg/L, LS mean (SE)	3.2 (3.00)				2.5 (3.44)			

FAS: full analysis set; PPS: per protocol set; LS: least squares; SE: standard error; CI: confidence interval.



Supplementary Figure 1. Subgroup analysis of change from baseline in serum pre-albumin levels, CRP and body weight at 9±3 days post-surgery. (A) pre-albumin levels in FAS, (B) pre-albumin levels in PPS, (C) CRP in FAS, (D) CRP in PPS, (E) body weight in FAS, (F) body weight in PPS.